

IAF SPACE EDUCATION AND OUTREACH SYMPOSIUM (E1)
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SPACE EDUCATION AND NUTRITION EDUCATION USING "SOLAR PLANET TAKOYAKI"

Abstract

Space travel by private companies has begun. As the number of space travelers increase, people employed in the service industry will be assigned to work in space to serve them, and a percentage of them may take their families with them. There is a strong possibility that the demand for space and food education will increase to ensure the safety and health of children going to space. ASTRAX has been developing "solar planet takoyaki" to sell on various planets in the future. Takoyaki is a Japanese snack consisting of a small, round, flour-based ball filled with octopus. It is easy to prepare, and even children can cook it once they become used to it. It is also easy to substitute the octopus with cheese or meat, or add chopped cabbage to the dough. Based on this, we devised a space education and food education program using the "solar planet takoyaki".